Sustainable Food Trust - Safeguarding and Child Protection Procedure

1. Principles

SFT is committed to safeguarding and protecting children, young people and adults at risk and fully accepts its responsibility for the safety and welfare of all children, young people and adults at risk who engage with the charity. This procedure should be read in conjunction with the SFT’s Safeguarding Policy.

Simple flowcharts on how to respond to a safeguarding concern and what constitutes abuse and neglect can be found in Appendices 1, 2, 3, 4, 5 & 6.

The welfare of children, young people and adults at risk is of paramount importance and all children, young people and adults at risk have a right to be protected from abuse regardless of their gender, race, disability, sexual orientation, religion, belief or age.

Through the application of policy, procedures and best practice, the SFT promotes the safety, welfare and well-being of all children, young people and adults at risk. This equally applies to the safety and security of those working with and who are responsible for any activities involving children, young people and adults at risk.

Employees, workers, consultants, agency staff and volunteers who come into contact with children, young people and adults at risk should be positive role models and display high moral and ethical standards.

All employees of SFT undergo annual safeguarding training and all new employees and volunteers receive induction training, including safeguarding, prior to taking up their role. Consultants and agency staff must have due regard to SFT polices and practice and must be able to adequately demonstrate their knowledge, understanding and awareness of current safeguarding policies.

2. Scope

Sustainable Food Trust – Safeguarding and Child Protection Procedure
Charity no. 1148645
This Procedure is for all SFT staff, contractors and volunteers and is to be observed by all those working and coming into contact with children, young people and adults at risk to ensure best practice in safeguarding is promoted and adhered to.

The following fall under the remit of this Procedure:

- Any SFT workshop or event attended by children, young people and adults at risk
- All work relating to The Harmony Project
- Volunteers or staff members who come under the definition of adults at risk
- Any SFT adult working in schools would carry a DBS and adhere to the school’s own safeguarding policy and procedures.

All employees and workers are made aware of the Policy and Procedures through induction and where appropriate their work with children, young people and adults at risk will be supported by a safeguarding training programme.

3. Definition of a Child

A child or young person is defined as anyone up to their 18th birthday.

Safeguarding children, young people and adults at risk is defined as:

- Protecting children, young people and adults at risk from maltreatment;
- Preventing impairment of children or young people’s health or development;
- Taking action to enable all children, young people and adults at risk to have the best life chances.
- Ensuring that children, young people and adults at risk are growing up in circumstances consistent with the provision of safe and effective care; and Working Together to Safeguard Children 2018

4. Recruitment and Disclosure

As part of the SFT’s recruitment and selection process, offers of work for positions which come into contact with children, young people and adults at risk are subject to a satisfactory self-declaration and a criminal record check (CRB) as relevant, CV checks, appropriate references, right to work in the UK checks and a qualification check, if applicable.

All offers of work are subject to a satisfactory outcome to the rigorous screening process and until such time that all background checks are deemed as acceptable by the SFT, the person concerned is not permitted to commence work.

All employees, workers, consultants, agency staff and volunteers in a position of trust are required to undergo regular DBS disclosure clearances, normally every three years or earlier if required.
Should any person’s DBS disclosures reveal any cautions, convictions, community resolutions, warnings or final reprimands, the SFT will consider whether the nature of the offence/offences renders the person concerned unsuitable for working with children, young people and adults at risk. In such circumstances, when the nature of any disclosure has to be considered, a risk assessment is carried out to evaluate the information contained within the disclosure certificate.

All new employees, workers, consultants, agency staff and volunteers working with children, young people and adults at risk at the SFT are required to complete a self-declaration on commencement of duties and repeated on an annual basis.

Should the SFT ever use suppliers or agencies to undertake its work, they would be subject to rigorous vetting and safeguarding checks and required to adhere to the SFT’s policy and procedures as set out in their contracts.

When the SFT engages with schools and organisations in connection with child or young people related activities, where appropriate the SFT writes to the school or organisation to state the SFT’s policy and procedures in relation to criminal record checks and safe recruitment.

The SFT only discloses the name, date of birth, disclosure and issue numbers of the employees, workers, consultants, agency staff or volunteers criminal record checks. Disclosure information in relation to checks will not be divulged.

Schools and organisations are required to comply with the SFT’s safeguarding arrangements as set out in contracts. Any SFT adult working in schools would carry a DBS and adhere to the school’s own safeguarding policy and procedures.

5. Induction and training

During the induction process, employees who work with, or come into contact with, children, young people and adults at risk are required to undertake introductory safeguarding training within one month of starting their employment.

All staff members will be expected to attend an annual update or specific training depending on training needs identified in their supervisions and appraisals. The Senior Safeguarding Lead will attend relevant refresher courses, such as held by the National Council for Voluntary Organisations (NCVO).

Employees will also have access to, and on request, receive a copy of the SFT Safeguarding Policy and this Procedure, as well as other SFT policies and procedures, and are expected to read and abide by these as set out in their Agreements, including signing an acknowledgement that they have read and agree to abide by these.

Workers, consultants and volunteers who have roles that work with, or come into contact with, children, young people and adults at risk may be required to undertake other specific training.
Refresher safeguarding training is provided every three years or earlier as required by the National Council for Voluntary Organisations (NCVO).

6. Roles and responsibilities

SFT has a clear safeguarding structure which ensures the safety and welfare of all children and young people who engage with the charity. If there is a concern the first point of contact is morwenna@sustainablefoodtrust.org

The structure is as follows:

**Head of Operations and Development, named Senior Safeguarding Officer (SSO)**

Responsible for ensuring that safeguarding is a key priority at all levels. Communicating at CEO and Board level.

Contact: Claire Peeters – claire@sustainablefoodtrust.org

**Finance and Operations Manager, named Designated Safeguarding Officer (DSO)**

Responsible for the strategic and operational direction and embedding safeguarding in SFT. The DSO is also the lead point of contact, should safeguarding concerns arise and is the Lead Disclosure Officer.

The DSO is the point of contact should a concern arise amongst employees, workers, consultants and volunteers.

Contact: Morwenna Lewis – morwenna@sustainablefoodtrust.org

**Deputy Designated Safeguarding Officer**

This will be the role of the Project Managers who will take up the responsibilities for recording, reporting and referring in the absence of the DSO.

Contact: Adele Jones - adele@sustainablefoodtrust.org for all SFT project activities and events

Contact: Bonnie Welsh – bonnie@sustainablefoodtrust.org for specific Harmony Project activities and events

7. Identifying those at risk

SFT staff are required to familiarise themselves with the following types of abuse that may be intimated by children and / or young adults while in their care, so indicating a need to remain vigilant to their behaviours or, as required in this procedure, lead to the need to follow reporting protocols.

7.1 Abuse and neglect
Abuse is defined as a form of maltreatment of a child. Somebody may abuse or neglect a child by inflicting harm, or by failing to act to prevent harm. Children or young people may be abused in a family or in an institutional or community setting by those known to them or, more rarely, by others (e.g. via the internet). They may be abused by an adult or adults, or another child, children, young person or young people.

There are four recognised categories of abuse as defined in Working Together to Safeguard Children 2018:
- Physical abuse;
- Sexual abuse;
- Emotional abuse (includes bullying);
- Neglect;

As well as these four, domestic abuse is also a category of abuse staff need to be aware of and alert to. Full descriptions of each category of abuse and neglect can be found in Appendix 1 & 2.

7.2 Additional vulnerabilities

Children and young people at risk may be at additional risk of abuse and neglect through some of the additional vulnerabilities they may face. If children and young people at risk have additional vulnerabilities when engaging with the SFT, further safeguards may need to be put in place to reduce the potential risk of abuse and neglect.

7.2.1 Radicalisation and extremism

Radicalisation and extremism of children and young people at risk is a form of emotional abuse. HM Government states that the aim of radicalisation is to attract children and young people at risk to a particular extremist ideology. In many cases it is with a view to inspiring children and young people at risk to eventually become involved with harmful or terrorist activities.

Radicalisation can take place through direct personal contact, or indirectly through social media. Extremism is defined as vocal or active opposition to fundamental British values including democracy, the rule of law, individual liberty and mutual respect and tolerance of different faiths and beliefs.

7.2.2 Looked after children and young people at risk

Looked after (such as those living in foster care) children and young people at risk may be especially vulnerable to abuse and neglect for several reasons:
- Experienced abuse and neglect previously;
- Living with people who are not their immediate family or friends;
- Less support networks; and Stigma for being in care.

7.2.3 Peer on Peer Abuse
Children can abuse other children. This can take many forms and can include (but is not limited to) bullying (including cyberbullying); sexual violence and sexual harassment; physical abuse, such as hitting, kicking, shaking, biting, hair pulling, or otherwise causing physical harm; sexting and initiating/hazing type violence and rituals.

7.2.4 Online world

Although the online world provides many benefits to children and young people at risk, there are also several potential associated risks:

- Inappropriate language or images;
- Online grooming;
- Cyberbullying;
- Sexting.

7.2.5 Disabled children and young people at risk

The Equality Act (2010) defines a person as disabled if they have a physical or mental impairment which has a substantial and long term (has lasted or is expected to last at least 12 months) adverse effect on one’s ability to carry out normal day-to-day activities. This definition includes conditions such as cancer, HIV, mental illness and learning disabilities.

Disabled children and young people at risk may be vulnerable to abuse for several reasons:

- Increased likelihood of social isolation;
- Dependency on others for practical assistance in daily living (including intimate care);
- Impaired capacity to resist, avoid or understand abuse;
- Speech and language communication needs may make it difficult to tell others what is happening;
- Limited access to someone to disclose to; and
- Particular vulnerability to bullying.

Children and young people at risk with disabilities may also feel less valued than his/her peers and poor care may be observed but tolerated by others. This might include such things as not speaking directly to the child or young person; not offering choices; not moving and handling them safely; not respecting his/her privacy and dignity; not treating him/her according to his/her age; allowing physical restraint to occur; or using derogatory language.

There is no single route to ensure that children and young people at risk are protected, especially those with additional vulnerabilities. The safest environments, however, are those that help children and young people at risk to protect themselves by helping them to speak out and do their best to stop any
abuse and neglect from happening and take responsibility for observing, challenging and reporting any poor practice and suspected abuse and neglect.

Safe environments for children and young people at risk with additional vulnerabilities are also safer for all children and young people at risk.

8. Use of photography and film

All images taken of young people involved in SFT projects will be photographed or filmed in an appropriate way and manner.

The SFT will gain appropriate permissions from schools and organisations in-line with GDPR practices.

The SFT adheres to the following principles when using photography or film:

- All children or young people featured in SFT publications are appropriately dressed;
- Where possible, the image will focus on the activity taking place and not a specific child or young person;
- Where appropriate, images represent the broad range of people participating safely in the event;
- Children or young people who are the subject of a court order will not have his/her images published in any SFT document;
- No images of children or young people featured in SFT publications are accompanied by personal details such as his/her or home address;
- Permission will always be sought from parents before use of any images of children on the website or for other publicity or training purposes.

9. Good practice and code of conduct

To ensure all children and young people at risk have the most positive and safe experience when engaging with the SFT, all employees, workers, consultants and volunteers should adhere to the following principles and action (to ensure they role model positive behaviours and so reduce the risk of allegations, abuse and neglect occurring): This list is not exhaustive:

- Listen carefully to children, young people and adults at risk about his/her needs, wishes, ideas and concerns and take them seriously;
- Treat all children, young people and adults at risk equally, not showing favouritism;
- Always work in an open environment (e.g. avoiding private or unobserved situations and encouraging open communication with no secrets);
- Make the experience of the activity fun and enjoyable;
- Promote fairness, confront and deal with bullying;
- Maintain a safe and appropriate distance with children and young people at risk and avoid unnecessary physical contact;
Where any form of manual/physical support is required it should be provided openly and with the consent of the child or young person;

Employees and workers should maintain their qualifications and professional development;

Maintain appropriate professional relationships with children and young people at risk;

Be a good role model, this includes not swearing, smoking or drinking alcohol in the company of children and young people at risk;

Always give enthusiastic and constructive feedback rather than negative criticism;

Secure written consent to administer emergency first aid or other medical treatment if the need arises;

Encourage children and young people at risk to take responsibility for his/her own behaviour;

Keep a written record of any incident or injury that occurs, along with details of any treatment given or action.

Recording safeguarding concerns on the Safeguarding Concern Form (Appendix 6)

10. Unacceptable practice

The following are regarded as poor practice and should be avoided by all employees, workers, consultants and volunteers. This list is not exhaustive:

- Unnecessarily spending excessive amounts of time individually with a child or young person away from others;
- Being alone in changing rooms, toilet facilities or showers used by children and young people at risk;
- Taking children and young people at risk alone in a car or journey;
- Taking children and young people at risk to your home or places where they will be alone with you;
- Sharing a room with children and young people at risk;
- Engaging in rough, physical or sexually provocative games, including horseplay;
- Allowing or engaging in inappropriate touching of any form;
- Allowing children and young people at risk to use inappropriate language unchallenged;
- Making sexually suggestive comments to children and young people at risk, even in fun;
- Reducing children and young people at risk to tears as a form of control;
- Allowing allegations made by children and young people at risk to go unchallenged, un-recorded or not acted upon;
- Doing things of a personal nature that children and young people at risk can do for them-selves.
- Not recording safeguarding concerns on the Safeguarding Concern Form (SCF);
- Sending inappropriate text messages or social media messages to children and young people and at risk;
• Having children or young people engaged with the SFT as ‘friends’ or ‘followers’ within social networking sites such as Facebook, Twitter and Instagram;
• Engaging with children and young people at risk on ‘one to one’ personal electronic communications;

11. Risk assessments

For all SFT activities, thorough risk assessments are completed to identify and minimise potential risks. The SFT’s Health and Safety Policy outlines the process to undertake when completing risk assessments as well as how to capture information regarding accidents and incidents and how the SFT learns from such matters.

Where a child or young person is involved in an event, a risk assessment must take account of his/her particular vulnerabilities whilst in the SFT’S care. The risk assessment will set out what arrangements are in place for his/her care and supervision and how risks will be minimised.

Project leaders will be required to continually monitor and amend the controls within the risk assessments whilst leading such activities.

12. Working with external partners

The SFT always ensures external partners and organisations we engage with promote the safety and welfare of children and young people at risk and this is outlined in contracts and/or service level agreements. External partners and organisations are required to demonstrate competencies in safeguarding. Where organisations do not have their own satisfactory safeguarding arrangements, they will be expected to comply with the SFT’s standards. In the event of working with an external partner it will be decided at the outset who will be lead organisation for Safeguarding, for example in the event of running a programme with a school, the SFT would follow the school’s safeguarding policies and procedures. Our safeguarding policy will be available to these external partners and available to the users/participants to view on our website.

13. Referrals

If the SFT has safeguarding concerns in relation to a child, young person or their parents/carers the SFT may refer these concerns to external agencies. External agencies include, but are not limited to children’s social care, adult social care, the police, health agencies.

14. Confidentiality

Every effort should be made to ensure that confidentiality of safeguarding cases is maintained for all concerned. Information should be handled and disseminated on a ‘need to know’ basis only which would not normally include anyone other than the following:

• The Safeguarding Team;
• The child or young person or the person raising the concern;
• The employee, worker, consultant, agency staff or volunteer who received the concern or disclosure;
• The parents/carers of the child or young person who is alleged to have been abused, where appropriate;
• Local Authority and Police;
• Employees, workers, consultants, agency staff and volunteers may have access to confidential information about children and young people at risk in order to undertake their responsibilities. In some circumstances, employees, workers, consultants or volunteers may be given highly sensitive or private information.

Confidential or personal information about a child or young person or his/her family should not be used for their own or others advantage.

Confidential information about a child or young person should never be used casually in conversation or shared with any person other than on a need to know basis. In circumstances where the child or young person’s identity does not need to be disclosed, the information should be handled anonymously.

There are some circumstances in which an employee, worker, consultant or volunteer may be expected to share information about a child, for example when abuse is alleged or suspected. In such cases, employees, workers, consultants, agency staff and volunteers have a duty to pass information on without delay, but only to those with designated safeguarding responsibilities (DSO).

If an employee, worker, consultant or volunteer is in any doubt about whether to share information or keep it confidential, guidance should be sought from the SFT’s DSO.

The storing and processing of personal information about children and young people at risk is governed by the Data Protection Act 2018.

15. Information sharing

The SFT abides by the six guiding principles as set out by HM Government on sharing information:

The Data Protection Act 2018 and human rights laws are not barriers to justified information sharing, but provide a framework to ensure that personal information about children and young people at risk is shared appropriately;

• Openness and honesty with the child or young person (and/or their parents/carers or family where appropriate) from the outset about why, what, how and with whom information will, or could be shared, and seek agreement, unless it is unsafe or inappropriate to do so;
• Advice is sought from the SFT’s DSO if there is any doubt about sharing the information concerned, without disclosing the identity of the child or young person where possible;
• Information is shared with informed consent where appropriate and, where possible, there is respect for the wishes of those who do not consent to share confidential information.
• Information will still be shared without consent if, in the SFT’s judgement, there is good reason to do so, such as where safety may be at risk. Judgement will be based on the facts of the case;
• Safety and well-being of the child or young person is always considered;
• Information is only shared when it is necessary, proportionate, relevant, adequate, accurate, timely and secure to do so;

The SFT will share information with the relevant statutory agencies where appropriate in relation to safeguarding cases.

16. Procedure for Review

SFT shall review this Procedure and accompanying Safeguarding Policy annually, or whenever there is a change in legislation, guidance or governing body rules. It will be reviewed when there is any learning from safeguarding cases and when starting new projects and programmes. If there any significant organisational change, including changes in staff or programmes this procedure will be reviewed. Any changes will be approved and signed by the CEO.

17. Consent

The priority in safeguarding should always be to ensure the safety and welfare of the child or young person. If concerns arise, it is best practice to always gain the consent of the child or young person before an external referral is made. There are several circumstances whereby an external referral can be made without consent and these include:

• The child or young person is at risk of harm;
• Other people are, or may be, at risk, including other children or young people;
• Emergency or life-threatening situations may warrant the sharing of relevant information with the emergency services without consent;
• Sharing the information could prevent a serious crime;
• The child or young person lacks the mental capacity to make that decision;
• A serious crime has been committed;
• There is a risk of significant harm and meets the threshold for a multi-agency strategy meeting;
• Employees, workers, consultants, agency staff or volunteers are implicated;

18. What to do if you suspect abuse or poor practice has occurred?

If you are concerned about the safety or welfare of a child or young person or you are concerned about an adult’s behaviour towards a child or young person you must act. Do not assume that someone else will help the child or young person. Safeguarding children and young people is everyone’s responsibility.
It is important that you report your concerns to one of the following:

- Designated Safeguarding Officer
- Senior Safeguarding Officer

*Taking no action is not an option.*

19. What to do if you receive a safeguarding disclosure from a child or young person

Children or young people who may be vulnerable are likely to disclose abuse or neglect to those they trust and how one responds to a disclosure is crucial.

**Stage 1**
Deal with the disclosure as it happens and ensure that the child or young person’s immediate needs are met and that he/she feels supported. When a disclosure is made, it is most important to understand that you must not investigate the disclosure yourself. The disclosure must always be taken seriously and dealt with according to the guidance in this Procedure, even if the validity of the disclosure is uncertain. You are not expected to act as a social worker, counsellor, judge, and jury or avenge the abuser; you are however expected to act in the best interest of the child or young person who may be at risk.

**You must:**

- Put your own feelings aside and listen (as if the information is not sensational);
- Allow the child/young person to lead the discussion and to talk freely;
- Listen to what the child/young person is saying without investigating. Try not to interrupt them or ask lots of questions. Being asked a lot of questions can feel like being interrogated;
- Allow the child or young person to tell you at his/her own pace;
- Don’t worry if the child/young person stops talking for a while, silences are ok. You don’t have to rush in to fill the gaps;
- Accept what the child/young person says without challenge;
- Allow the child/young person to talk but protect him/her from sharing the information with too many other people;
- Provide reassurance that you are taking them seriously and he/she has done the right thing by disclosing;
- Let the child/young person know it is recognised how hard it is for him/her to tell you;
- It is ok to let him/her know if you are unable to answer all their questions;
- Avoid asking leading questions, for example “Did someone in your family hit you?”
- Never ask questions that may make the child/young person feel guilty or inadequate;
• If physical abuse has taken place, you may observe visible bruises and marks but do not ask a child/young person to remove or adjust his/her clothing to observe them and do not take photo-graphs of the injuries, you should make a note of the injuries on the Body Map in the Safeguarding Concern Form Appendix 6.

Tell the child/young person who you will be contacting e.g. SFT DSO and that you will support him/her through that process;

• If you establish that they he/she has been harmed or is at risk of being harmed, do not pursue the conversation any further. This is important to ensure that questions cannot be raised later about possible manipulation of the disclosure;
• Respect the confidentiality of the disclosure and do not share the information with anyone other than those who need to know. Those who need to know are those who have a role to play in protecting children/young people.

You must not:
• Panic or show that you are shocked. It is important to remain calm and in control of your feelings;
• Document the conversation while the child/young person is disclosing. This should be done as soon as possible after the child/young person has disclosed to you;
• After the child/young person has disclosed, the conversation must be documented remembering as accurately as you can, the words and phrases used by the child/young person to describe what happened to him/her; Investigate;
• Give the impression that you might blame the child/young person e.g. don’t ask: “Why did you let him?”, “What were you doing there anyway?” or “Why didn’t you tell me before?”
• Press for details by asking questions such as “What did he/she do next?”
• Ask leading questions;
• Pass judgement on what is said;
• Make false promises and/or promise confidentiality – it should be explained that the child/young person has done the right thing, outline who will need to be told and why;
• Approach the alleged abuser yourself.

Do remember, when a child/young person discloses, they may feel:
• Guilt: he/she may blame themselves for the abuse and often feel guilt for telling.
• Ashamed: he/she may feel ashamed about the abuse itself.
• Confused: he/she may be confused about his/her feelings for the alleged abuser.
• Scared: he/she may be fearful of the repercussions of telling. He/she may be scared of the alleged abuser.
• Be careful about touching (e.g. hugging or cuddling) the child/young person if they have not initiated the contact. He/she may be upset by physical contact.
Stage 2
As soon as possible, once the immediate comfort and safety of the child or young person is secured, you must inform your DSO or the SSO of the disclosure. You may make a referral yourself directly to a statutory agency if you are concerned about the child/young person or adult at risks’ immediate safety and/or are having difficulty contacting the designated safeguarding person/s or if the designated safeguarding person is the alleged abuser. Every effort should be made to ensure that confidentiality is maintained for all concerned. Information should be handled and disseminated on a need to know basis only.

Stage 3
You should complete the concern on the SFT’s Safeguarding Concern Form (SCF) as soon as possible after the disclosure has been made and send the SCF Appendix 6 to the Safeguarding Team within 24 hours of the disclosure. Wherever possible, you must record information as it was relayed to you using the language of the child or young person rather than your own interpretation of it.

What happens next?
It is important that concerns are followed up and it is everyone’s responsibility to ensure that they are. You should be informed by the SFT’s DSO what has happened following the report being made. If you do not receive this information, you should be proactive in seeking it out. If you have concerns that the disclosure has not been acted upon appropriately, you should inform the SFT’s SSO and then the CEO and ultimately contact the relevant statutory agency.

A disclosure is not the only way that you may be made aware of an issue. Sometimes another adult or even a child or young person may say something about a possible abusive situation. On occasions you may witness an incident that may cause concern or indeed you may pick up on things that cause concern.

Raising a concern
You do not need to have firm evidence before raising a concern. But we do ask that you explain as fully as you can the information or circumstances that gave rise to your concern.

Step 1
If you have a concern of any form of safeguarding poor practice or abuse, raise it first with the SFT’s DSO.

Step 2
If you feel unable to raise the matter with the DSO for whatever reason, raise the matter with the SSO.

Step 3
If you feel the SSO has not handled the concern appropriately you should contact the CEO.

Step 4
If these channels have been followed and you still have concerns, or if you feel that the matter is so serious that you cannot discuss it with any of the above, you should contact the Safeguarding team in the local authority in which the incident or concern has occurred. If this contact information is not accessible please contact the NSPCC line for adults on 0808 800 5000.

For a flowchart of the process to follow, please see Appendices 3, 4 and 5.
Managing allegations against employees, workers, consultants, agency staff and volunteers

Should a concern arise about an employee, worker, consultant, agency staff or volunteer’s conduct in relation to a child or young person, this should be reported to the SFT’s DSO who will take such steps as considered necessary to ensure the safety of the child or young person in question and any other person who may be at risk. The person raising the concern should complete the SFT’s Safeguarding Concern Form Appendix 6.

When managing an allegation against an employee, worker, consultant or volunteer the Safeguarding Team will follow this process:

- The allegation will be referred to the Local Authority Designated Officer (LADO)/Designated Person at the Local Authority and/or the Police;
- The parent/carer of the child or young person will be contacted as soon as possible, following advice from statutory agencies;
- Senior Management will be notified
- If a member of the Safeguarding Team is the subject of an allegation, the report must be made to the person who will refer the allegation to the appropriate statutory agencies;
- If required, a full investigation and possible sanction in accordance with the SFT’s Disciplinary Policy for employees will follow. Workers or consultants may have their agreements terminated.
- Referrals as appropriate will be made to the Disclosure and Barring Service (DBS)

These procedures cover handling allegations made against a member of staff or volunteer, as well as against one made by a participant.

For a flowchart of the process to follow, please see Appendix 3, 4 and 5.

Managing concerns for a child or young person

Any concern relating to the abuse of a child or young person by another child or young person must be dealt with through this Procedure. Any such concern should be reported immediately to the DSO who will inform the SSO.

Making a referral

All employees, workers, consultants, agency staff and volunteers should complete the SFT’s Safeguarding Concern Form (Appendix 6) after referring any case to the DSO and/or SSO. The Safeguarding Team will contact the relevant Local Authority Children’s Services Team completing their Referral Form.
### Appendix 1
Physical and behavioural signs and indicators of abuse and neglect

<table>
<thead>
<tr>
<th>Category of abuse and neglect</th>
<th>Physical Signs</th>
<th>Behavioural Signs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Physical Abuse</strong></td>
<td>Unexplained and unusual bruising, fingers and strap marks, injuries, cigarette burns, bite marks, fractures, scalds, missing teeth.</td>
<td>Fear of contact, aggression, temper, running away, fear of going home, reluctance to change or uncover body, depression, withdrawal, bullying or abusing others</td>
</tr>
<tr>
<td><strong>Sexual Abuse</strong></td>
<td>Genital pain, itching, bleeding, bruising, discharge, stomach pains, pregnancy, incontinence, urinary infections or STIs, thrush, anal pain on passing motion</td>
<td>Apparent fear of a person, nightmares, running away, sexually explicit knowledge or behaviours beyond their years, masturbation, bed-wetting, eating problems, substance abuse, unexplained money or gifts, acting out with toys, self-harm</td>
</tr>
<tr>
<td><strong>Emotional Abuse</strong></td>
<td>Weight change, lack of growth or development, unexplained speech disorders, self-harm, clothing inappropriate for child’s age, gender or culture</td>
<td>Unable to play, fear of mistakes, fear of telling parents, withdrawn, unexplained speech and language difficulties, few friends</td>
</tr>
<tr>
<td><strong>Domestic abuse</strong></td>
<td>Weight change, self-harm, frequent injuries, described as ‘accidents’ and bruising.</td>
<td>Emotionally sensitive, preoccupied, anxious and overly attentive when reading texts or emails, frequently missing school without explanation, low/depressed, reduced performance, withdrawn, few friends</td>
</tr>
<tr>
<td><strong>Bullying</strong></td>
<td>Weight change, unexplained injuries and bruising, stomach pains and headaches, bed-wetting, disturbed sleep, hair pulled out</td>
<td>Difficulty making friends, anxiety over school, truancy, withdrawn anger, moodiness, suicide attempts, reduced performance, money and possessions reported as lost, stealing from within the family, distress and anxiety on reading texts or emails</td>
</tr>
<tr>
<td>Neglect</td>
<td>Constant hunger, ill-fitting or inappropriate clothes, weight change, untreated conditions, continual minor infections, failure to supply hearing aids, glasses and or inhalers (where appropriate)</td>
<td>Always being tired, early or late, absent, few friends, regularly left alone, stealing, no money, parent or carer not attending or supportive</td>
</tr>
</tbody>
</table>
### Appendix 2
**Categories of abuse and neglect as defined in Working Together to Safeguarding Children 2018**

**Abuse**

A form of maltreatment of a child. Somebody may abuse or neglect a child by inflicting harm, or by failing to act to prevent harm. Children may be abused in a family or in an institutional or community setting by those known to them or, more rarely, by others (e.g. via the internet). They may be abused by an adult or adults, or another child or children.

| **Physical abuse** | A form of abuse which may involve hitting, shaking, throwing, poisoning, burning or scalding, drowning, suffocating or otherwise causing physical harm to a child. Physical harm may also be caused when a parent or carer fabricates the symptoms of, or deliberately induces, illness in a child. |
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| **Sexual abuse** | Involves forcing or enticing a child or young person to take part in sexual activities, not necessarily involving a high level of violence, whether or not the child is aware of what is happening. The activities may involve physical contact, including assault by penetration (for example, rape or oral sex) or non-penetrative acts such as masturbation, kissing, rubbing and touching outside of clothing. They may also include non-contact activities, such as involving children in looking at, or in the production of, sexual images, watching sexual activities, encouraging children to behave in sexually inappropriate ways, or grooming a child in preparation for abuse (including via the internet). Sexual abuse is not solely perpetrated by adult males. Women can also commit acts of sexual abuse, as can other children. |
| **Emotional abuse (including bullying)** | The persistent emotional maltreatment of a child such as to cause severe and persistent adverse effects on the child’s emotional development. It may involve conveying to a child that they are worthless or unloved, inadequate, or valued only insofar as they meet the needs of another person. It may include not giving the child opportunities to express their views, deliberately silencing them or ‘making fun’ of what they say or how... |
they communicate. It may feature age or developmentally inappropriate expectations being imposed on children. These may include interactions that are beyond a child’s developmental capability, as well as overprotection and limitation of exploration and learning, or preventing the child participating in normal social interaction. It may involve seeing or hearing the ill-treatment of another. It may involve serious bullying (including cyber bullying), causing children frequently to feel frightened or in danger, or the exploitation or corruption of children. Some level of emotional abuse is involved in all types of maltreatment of a child, though it may occur alone.

| Domestic abuse | Any attempt by one person in an intimate to dominate and control the other. This can play out in a young adult/relative situation. It is when violence and abuse is used to gain and maintain total control over someone. An abuser uses fear, guilt, shame, and intimidation to wear their victim down and keep them under their thumb. Domestic abuse often escalates from threats and verbal assault to violence. And while physical injury may pose the most obvious danger, the emotional and psychological consequences of domestic abuse can also be severe. Emotionally abusive relationships can destroy someone’s self-worth, lead to anxiety and depression, and make them feel helpless and alone. |
| Neglect | The persistent failure to meet a child’s basic physical and/or psychological needs, likely to result in the serious impairment of the child’s health or development. Neglect may occur during pregnancy as a result of maternal substance abuse. Once a child is born, neglect may involve a parent or carer failing to: • Provide adequate food, clothing and shelter (including exclusion from home or abandonment); • Protect a child from physical and emotional harm or danger; • Ensure adequate supervision (including the use of inadequate care-givers); or |
| • Ensure access to appropriate medical care or treatment.  
It may also include neglect of, or unresponsiveness to, a child’s basic emotional needs. |
## Appendix 3
### Allegations against employees, workers, consultants, agency staff and volunteers

<table>
<thead>
<tr>
<th>Safeguarding allegation raised about the conduct or behaviour or an employee, worker, consultant, agency staff or volunteer.</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Is the concern about a member of the Safeguarding Team (ST)?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
</tr>
</tbody>
</table>

| Inform the Senior Safeguarding Officer (SSO) immediately. The person raising the concern should complete the Safeguarding Concern Form (SCF) as soon after the incident and send to the SSO within 24 hours. | Inform the Designated Safeguarding Officer (DSO) immediately. The person raising the concern should complete the Safeguarding Concern Form (SCF) as soon after the incident and send to the DSO & SSO within 24 hours. |

<table>
<thead>
<tr>
<th>DSO (or SSO if allegation is against a member of the ST) decides whether the employee, worker, consultant, agency staff or volunteer has:</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Behaved in a way that has harmed or may have harmed a child, young person or adult at risk</td>
</tr>
<tr>
<td>• Possibly committed a criminal offence in relation to a child, young person or adult at risk</td>
</tr>
<tr>
<td>• Behaved towards children, young people or adults at risk in a way that indicated he/she is unsuitable to work with children, young people or adults at risk</td>
</tr>
</tbody>
</table>

| DSO or SSO completes the relevant sections of the SCF. |

| ST or SSO contact the Local Authority Designated Officer (LADO) and/or the police for advice. The ST, SSO and Senior Management will act on the advice of the LADO and/or police. The CEO will inform the Board of Trustees, if appropriate. |

| The SMT will decide whether to suspend the employee, worker, consultant, agency staff or volunteer pending the statutory investigations and inform the LADO and/or Police of the SFT’s decision. The Board will also file appropriate reports with the Charity Commission. |

| Once any statutory investigations are concluded, or where appropriate in parallel, the SFT will undertake its own investigation and decide what action should be taken against the employee, worker, consultant, agency staff or volunteer. If the employee, worker, consultant, agency staff or volunteer is removed from their role in working with children, young people or adults at risk referral will be made to the Disclosure and Barring Service (DBS) |
Appendix 4

Flowchart for employees, workers, consultants, agency staff and volunteers who raise concerns about a child or young person

There are concerns about possible abuse or neglect for a child, young person or adult at risk.

Report your concerns to your Designated Safeguarding Officer (DSO) or the Senior Safeguarding Officer (SSO)

Is there an immediate risk of harm?

Yes

Call the emergency services

Preserve any evidence (if a crime has been committed)

No

Inform the DSO immediately. The person raising the concern should complete the Safeguarding Concern Form (SCF) as soon as possible after the incident and send to the DSO and SSO within 24 hours.

Complete the Safeguarding Concern Form (SCF) and send to the DSO and SSO within 24 hours of the concern
Appendix 5

Flowchart for DSO and SSO making a referral

1. Employee, worker, consultant, agency staff or volunteer raises a concern about abuse or neglect and completes the Safeguarding Concern Form

2. Designated Safeguarding Office (DSO) ensures all required steps have been taken to ensure the child or young person at risk is safe

3. DSO refers concerns to the SSO immediately and completes the relevant sections on the Safeguarding Concern Form. If the SSO is unavailable contact the Welfare Officer at Bristol City Council, or the Local Authority in which the incident/concern has been raised.

4. Safeguarding Team (ST)/SSO to gather all relevant information and completes relevant sections of Safeguarding Concern Form

5. Safeguarding Team (ST) / SSO to determine whether harm has or likely to occur for the child or young person at risk

   a. ST/SSO to refer to concerns to the local Children’s Services and/or police as well

   b. If the ST/SSO does not refer the concerns to external agencies, a record of why this decision was made

6. Safeguarding Team (ST) to conduct a learning review of the event and implement any recommendations
## Appendix 6 - Safeguarding Concern Form

<table>
<thead>
<tr>
<th>Safeguarding Concern Form</th>
<th>Private and confidential once complete</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Please complete sections A-H of this form as fully as possible after witnessing a safeguarding incident or if one has been reported to you. Where possible, you should always seek consent of the child/young person at risk before sharing the information. If you are not sure whether you have consent, please contact the Safeguarding Team on the numbers below. If there are concerns raised about an employee, worker, consultant, agency staff or volunteer you should not inform them that a safeguarding allegation has been made until you have sought the advice of the Safeguarding Team. If a person has literacy issues or additional needs and is unable to complete the form, you can complete the form on their behalf but must disclose this in Section F. Please complete the form within 24 hours of disclosure and in black ink and return to <a href="mailto:morwenna@sustainablefoodtrust.org">morwenna@sustainablefoodtrust.org</a></strong></td>
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</table>

### Section A – Your details

<table>
<thead>
<tr>
<th>Full name</th>
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<table>
<thead>
<tr>
<th>Your role at SFT (if applicable)</th>
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<table>
<thead>
<tr>
<th>Contact number</th>
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<table>
<thead>
<tr>
<th>Email address</th>
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<tbody>
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<td></td>
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<table>
<thead>
<tr>
<th>Date and time of safeguarding concern / / Time:</th>
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<table>
<thead>
<tr>
<th>Date and time of the safeguarding concern form completion / / Time:</th>
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</table>

### Section B – Child or young person at risk details

**(the child or young person at risk who is potentially at harm)**

<table>
<thead>
<tr>
<th>Child or young person at risk’s name</th>
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<tbody>
<tr>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>Age of child or young person at risk</th>
</tr>
</thead>
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</table>

<table>
<thead>
<tr>
<th>Date of birth</th>
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<table>
<thead>
<tr>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
<tr>
<td>Section C – Alleged person to have caused the concern</td>
</tr>
<tr>
<td>------------------------------------------------------</td>
</tr>
<tr>
<td>Name of the alleged person to have caused the concern</td>
</tr>
<tr>
<td>Address</td>
</tr>
<tr>
<td>Age of the alleged person</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Section D – Confidentiality</th>
</tr>
</thead>
<tbody>
<tr>
<td>Has the child or young person at risk given consent to share the information?</td>
</tr>
<tr>
<td>If not, please state why:</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Section E – Your concerns</th>
</tr>
</thead>
<tbody>
<tr>
<td>Facts</td>
</tr>
<tr>
<td>Professional opinions</td>
</tr>
<tr>
<td>Hearsay/witnesses</td>
</tr>
</tbody>
</table>
example, you overheard the child(ren), or young person at risk talking to their friend saying they are scared about going home/school/after-school club because of being bullied etc.)

<table>
<thead>
<tr>
<th>Section F: Actions</th>
</tr>
</thead>
<tbody>
<tr>
<td>What actions did you take? (What did you do, i.e who have you told, did you move the child or young person at risk to a safe place?)</td>
</tr>
<tr>
<td>Have the parents/carers of the child or young person been informed of the concern?</td>
</tr>
<tr>
<td>(If you feel that informing the parent or carers about the concern will put the child or young person at risk, you should not inform the parent/carer but need to document here why you feel it would put them at risk)</td>
</tr>
<tr>
<td>Date and time parents/carers were informed of the concern</td>
</tr>
<tr>
<td>Parent/carers response (please state facts)</td>
</tr>
<tr>
<td>Have parents/carers given consent to share the information</td>
</tr>
<tr>
<td>Parent/carers address</td>
</tr>
<tr>
<td>List the name and contact details of any witnesses to the concern:</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
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<tbody>
<tr>
<td>If not, please state why?</td>
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<tr>
<th>Yes</th>
<th>No</th>
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<tr>
<td>If no please state why:</td>
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<table>
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<th>/ /</th>
<th>Time: :</th>
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<tbody>
<tr>
<td>Parent/carers address</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name:</th>
<th>Contact details:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name:</td>
<td>Contact details:</td>
</tr>
<tr>
<td>Name:</td>
<td>Contact details:</td>
</tr>
</tbody>
</table>
### Section G: Acknowledgement
All information recorded on the Safeguarding Concern Form is accurate to my knowledge

<table>
<thead>
<tr>
<th>Sign &amp; date</th>
<th>/   /</th>
</tr>
</thead>
</table>

If completing on behalf of another person, please ensure they sign above, and you provide your name and contact details

### Section H: Body Map (If applicable)
Record any physical injuries or marks that you notice on the body map. Place a mark where the injury is and then a line out to a written number. Write a corresponding description of the nature of the injury in section I.

![Body Map](image)

---

### Section I: Body map injury description
Write a corresponding description of the nature of any injury annotated in section H.
Care should be given to state:

- Specific location (right elbow)
- Description of the injury (colour of the bruise, bleeding, scabbing, shape etc)
- Approximate size of the injury by relating to standardised objects
- Sign name
- Date

Example: Open wound above right eye which was bleeding, approximate size of a 10p coin. Sarah Bennet. 01/07/2017

Injury description 1:  

Injury description 2:  

Injury description 3:  

Injury description 4:  

Injury description 5:  

Injury description 6:  

Section J: What next

Please ensure that the completed form is returned to morwenna@sustainablefoodtrust.org within 24 hours of the concern being raised.

Helpful numbers

Senior Safeguarding Officer, SFT  
Claire Peeters  
07815 296 071

Designated Safeguarding Officer, SFT  
Morwenna Lewis  
07811 445 242

NSPCC (for adults)  
Telephone: 0808 800 5000

ChildLine* (for children & young people)  
Telephone: 0800 1111 (free)

*The ChildLine number won’t show up on your phone bill if you call from a landline or from most mobile networks.